

RACE	DISTANCE	DATE	LOCATION	WEBSITE
Smithfield	Sprint	3/25/2017	Smithfield, VA	vtsmts.com
Tune Up Tri	Super Sprint	3/26/2017	Manassas, VA	tritnow.com
IM Oceanside 70.3	Half Ironman	4/1/2017	Oceanside, CA	ironman.com
IM Texas 70.3	Half Ironman	4/2/2017	Galveston, TX	ironman.com

IM Florida 70.3	Half Ironman	4/9/2017	Haines City, FL	ironman.com
Ironman Texas	Ironman	4/22/2017	Woodlands, TX	ironman.com
Richmond Tri Club	Sprint	4/22/2017	Chesterfield, VA	vtsmts.com
Westfields	Sprint	4/30/2017	Westfields, VA	rev3tri.com

IM St. George 70.3	Half Ironman	5/6/2017	St. Geroge, UT	ironman.com
Smith Mountain Lake	Sprint	5/6/2017	Huddleston, VA	vtsmts.com
Monticelloman	Half Iron & Olympic	5/7/2017	Charlottesville, VA	charlottesvillemultisports.com
IM Gulf Coast 70.3	Half Ironman	5/13/2017	Panama City Beach, FL	ironman.com
IM Santa Rosa 70.3	Half Ironman	5/13/2017	Santa Rosa, CA	ironman.com
Kinetic	Half Iron	5/13/2017	Lake Anna, VA	vtsmts.com
Kinetic	Olympic	5/13/2017	Lake Anna, VA	vtsmts.com
Kinetic	Sprint	5/14/2017	Lake Anna, VA	vtsmts.com
Ladies Choice	Sprint	5/14/2017	Manassas, VA	tritnow.com
General Smallwood	Olympic	5/20/2017	Indian Head, MD	vtsmts.com
General Smallwood	Sprint	5/21/2017	Indian Head, MD	vtsmts.com
Columbia	Olympic	5/21/2017	Columbia, MD	ucfraces.org
IM Chattanooga 70.3	Half Ironman	5/21/2017	Chattanooga, TN	ironman.com
GroundForce Power Sprint	Sprint	5/22/2016	Richmond, VA	gotoelevenracing.com
Salute to the Military	Sprint	5/27/2017	Vint Hill, VA	rev3tri.com
Rock Hall	Olympic	6/3/2017	Rock Hall, MD	vtsmts.com
Rev 3 Quassy	Olympic	6/3/2017	Middlebury, CT	rev3tri.com
Rock Hall	Sprint	6/4/2017	Rock Hall, MD	vtsmts.com
Rev 3 Quassy	Half Iron	6/4/2017	Middlebury, CT	rev3tri.com
IM Raleigh 70.3	Half Ironman	6/4/2017	Raleigh, NC	ironman.com
Reston	Sprint	6/5/2016	Reston, VA	restonsprinttri.com
Naylor's Beach	Olympic & Sprint	6/5/2016	Warsaw, VA	crucibleracing.com
Jamestown	Olympic	6/10/2017	Williamsburg, VA	vtsmts.com
Jamestown	Sprint	6/11/2017	Williamsburg, VA	vtsmts.com
Ironman Boulder	Ironman	6/11/2017	Boulder, CO	ironman.com
IM Eagleman 70.3	Half Ironman	6/11/2017	Cambridge, MA	ironman.com
IM Wisconsin 70.3	Half Ironman	6/11/2017	Madison, WI	ironman.com
Manassas Mini	Super Sprint	6/19/2016	Manassas, VA	tritnow.com
St. Mary's	Olympic & Sprint	6/17/2017	St. Mary's, MD	vtsmts.com
Montclair	Sprint	6/18/2017	Montclair, VA	rev3tri.com
IM Syracuse 70.3	Half Ironman	6/18/2017	Syracuse, NY	ironman.com
Tri Rock Philly	Sprint	6/24/2017	Philadelphia, PA	trirockseries.com
Tri Rock Philly	Olympic	6/25/2017	Philadelphia, PA	trirockseries.com
IM Mont Tremblant 70.3	Half Ironman	6/25/2017	Quebec, Canada	ironman.com
IM Buffalo Springs Lake 70.3	Half Ironman	6/25/2017	Lubbock, TX	ironman.com
Robious Landing	Sproly	6/25/2017	Midlothian, VA	gotoelevenracing.com
Ironman Coeur d'Alene	Ironman	6/25/2017	Coeur d'Alene, ID	ironman.com

Jefferson	Sprint	7/9/2016	Charlottesville, VA	charlottesvillmultisports.com
IM Muncie 70.3	Half Ironman	7/8/2017	Muncie, IN	ironman.com
Colonial Beach	Sprint	7/8/2017	Colonial Beach, VA	vtsmts.com
Colonial Beach	Olympic	7/9/2017	Colonial Beach, VA	vtsmts.com
Rev 3 Williamsburg	Half Iron & Olympic	7/9/2017	Williamsburg, VA	rev3tri.com
IM Muskoka 70.3	Half Ironman	7/9/2017	Ontario, Canada	ironman.com
Tidewater	Sprint	7/15/2017	Hampton, VA	vtsmts.com
IM Racine 70.3	Half Ironman	7/16/2017	Racine, WI	ironman.com
Summer Sprint	Sprint	7/16/2017	Manassas, VA	triiitnow.com
Hagerstown	Sprint	7/16/2017	Hagerstown, MD	racinemultisports.com
Ironman Lake Placid	Ironman	7/23/2017	Lake Placid, NY	ironman.com
Ironman Santa Rosa	Ironman	7/29/2017	Santa Rosa, CA	ironman.com
Ironman Canada	Ironman	7/30/2017	Whistler, BC	ironman.com
IM Ohio 70.3	Half Ironman	7/30/2017	Delaware, OH	ironman.com
Stroke & Stride	Swim & Run	7/30/2017	Manassas, VA	triiitnow.com

IM Boulder 70.3	Half Ironman	8/5/2017	Boulder, CO	ironman.com
Culpeper Gran Fondo	Cycling	8/5/2017	Culpeper, VA	vtsmts.com
Culpeper	Olympic & Sprint	8/6/2017	Culpeper, VA	vtsmts.com
Fort Ritchie	Olympic & Sprint	8/6/2017	Cascade, MD	racinemultisports.com
Rev 3 Pocono Mountains	Half Iron & Olympic	8/13/2017	Pocono Mts, PA	rev3tri.com
Iron Girl Columbia	Sprint	8/14/2016	Columbia, MD	ucfraces.org
Pink Power	Sprint	8/13/2017	Midlothian, VA	gotoelevenracing.com
IM Steelhead 70.3	Half Ironman	8/13/2017	Benton Harbor, MI	ironman.com
Quantico	Sprint	8/19/2017	Quantico, VA	marinemarathon.com/events
Luray	Olympic	8/19/2017	Luray, VA	racinemultisports.com
Luray	Sprint	8/20/2017	Luray, VA	racinemultisports.com
Ironman Mont Tremblant	Ironman	8/20/2017	Quebec, Canada	ironman.com
Walnut Creek	Olympic & Sprint	8/27/2016	Walnut Creek Park, VA	charlottesvillmultisports.com
IM Maine 70.3	Half Ironman	8/27/2017	Old Orchard Beach, ME	ironman.com
Fawn Lake	Sprint	8/27/2017	Chancellorsville, VA	racetimingunlimited.com
Patriot's	Half Iron & Olympic	9/9/2017	Williamsburg, VA	vtsmts.com
Patriot's	Sprint	9/10/2017	Williamsburg, VA	vtsmts.com
Ironman Wisconsin	Ironman	9/10/2017	Madison, WI	ironman.com
IM Lake Placid 70.3	Half Ironman	9/10/2017	Benton Harbor, MI	ironman.com
Nation's	Olympic	9/10/2017	Washington, DC	thenationstriathlon.com
Reston	Olympic	9/10/2017	Reston, VA	restontriathlon.org
Savageman 20.0 & 30.0	Olympic & Sprint	9/16/2017	Deep Creek Lake, MD	vtsmts.com
Savageman 70.0	Half Iron	9/17/2017	Deep Creek Lake, MD	vtsmts.com
The 14.06	Super Sprint	9/17/2017	Manassas, VA	triiitnow.com
IM Atlantic City 70.3	Half Ironman	9/17/2017	Atlantic City, NJ	ironman.com
Niagara Falls 70.3	Half Ironman	9/17/2017	Ontario, Canada	rev3tri.com
Giant Acorn	Olympic	9/23/2017	Lake Anna, VA	vtsmts.com
Giant Acorn	Sprint	9/24/2017	Lake Anna, VA	vtsmts.com
IM Augusta 70.3	Half Ironman	9/24/2017	Augusta, GA	ironman.com
Ironman Chattanooga	Ironman	9/24/2017	Chattanooga, TN	ironman.com
Waterman's	Half Iron & Olympic	9/30/2017	Indian Head, MD	vtsmts.com
Waterman's	Sprint	10/1/2017	Indian Head, MD	vtsmts.com
Ironman Maryland	Ironman	10/7/2017	Cambridge, MD	ironman.com
Crucible Tri	Sprint	10/9/2016	Hopewell, VA	crucibleracing.com

Liberty University	Olympic	10/14/2017	Huddleston, VA	vtsmts.com
Ironman Louisville	Ironman	10/15/2017	Louisville, KY	ironman.com
IM Miami 70.3	Half Ironman	10/22/2017	Miami, FL	ironman.com
IM North Carolina 70.3	Half Ironman	10/22/2017	Wilmington, NC	ironman.com
IM New Orleans 70.3	Half Ironman	10/22/2017	New Orleans, LA	ironman.com
IM Austin 70.3	Half Ironman	10/29/2017	Austin, TX	ironman.com
Ironman Florida	Ironman	11/4/2017	Panama City Beach, FL	ironman.com
Ironman Arizona	Ironman	11/19/2017	Tempe, AZ	ironman.com